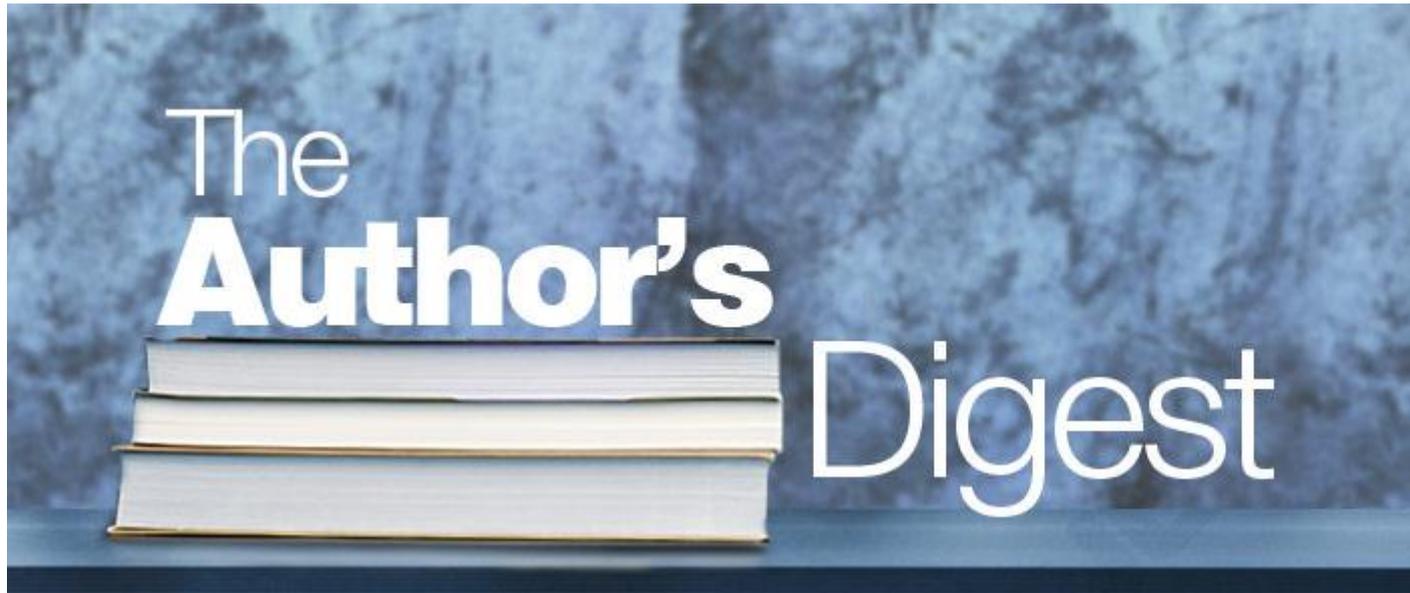




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# Stop Procrastinating with Rachanaa Jain, Part Two

Posted on June 1, 2015 by MBurns

*Welcome back to Author's Digest and the conclusion of our interview with **Rachanaa Jain**, self-published author of **Awake your Dreams – Stop Procrastinating! Start Achieving!** The first part of our interview is available [here](#).*

**Rachanaa, what inspired you to write your book and how long did it take you to finish it?**



I always had this idea to write a book and it was in my head for the past three years. However, other commitments prevented me from starting when I wanted to; in addition, I was in the hospital due to ill health. But I used to say to myself, “Live each day like it’s your last,” and fulfill whatever you want to today, thinking there is no tomorrow. This self-motivation moved me forward as soon as I took the first step of sitting down and writing the ideas I had. Then things started falling into place, opportunities started knocking on my door, and I felt that the universe was moving me forward to take the next steps.

I did have many sleepless nights during the writing process, but it was worth it because I was passionate about it and I was enjoying what I was doing. And finally my book, *Awake your Dreams – Stop Procrastinating! Start Achieving!*, was published in April 2015.

**What’s the one message you’d like to convey to readers about your book?**

Follow the DREAMS system and you’ll get out of the turmoil of procrastination.



**What was your favorite part of the self-publishing experience?**

Designing the book.

**What advice would you give to other aspiring authors?**

Don't procrastinate! Just take action and write your book as you are meant to write a book.

**What's your next writing project?**

I'm creating my own healing system, which will be out next year.

**Are there any events or promotions planned for your book?**

Yes, I'm planning to send press releases worldwide and will be promoting my book in different countries through a virtual book launch, workshops, and seminars.

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Thank you for your time, Rachanaa, and best of luck with your book and your next project! **[Awake Your Dream – Stop Procrastinating! Start Achieving!](#)** is available in the **[AuthorHouse Bookstore](#)**.

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