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## Rachanaa Jain – Book has officially been launched

By [Jasmeet Panesar](#) On 20 Apr, 2015 At 08:04 PM | Categorized As [Latest](#), [News](#) | With 0 Comment



**Awake Your Dreams. Stop Procrastinating! Start Achieving!**

*Rachanaa Jain reveals the secret to successful life with guided actions*

**London, Saturday 18<sup>th</sup> April 2015:** Leading spiritual healer and life coach, Rachanaa Jain launched her new book, 'Awake Your Dreams. Stop Procrastinating! Start Achieving!' today at The Centre Banqueting in Southall, London. The book is available on Amazon <http://amzn.to/1J2hP65> and in 20000 stores worldwide for £24.99.

The event was an inspiring evening attended by powerful dignitaries like Mr Virendra Sharma; Dr Chandok GP, Dr Rajesh Parmar, Spiritual Leader; Diane Shawe, CEO Academy of Vocational and Professional Training and Dr Onkar Sahota.

Drawing inspiration from some of the greatest spiritual teachings, Rachanaa Jain offers up spirit-based principles, secrets, and practical do-them-in-the-moment tools to help bring one out of procrastination. Upon constantly getting and taking spiritual inspiration from others all the time, Rachanaa Jain feels it's time to give some back by affirming the highest good for others through this book.

*"I am thrilled with the launch of this book," says an overwhelmed **Rachanaa Jain**. "My book 'Awake Your Dreams. Stop Procrastinating! Start Achieving!' shows how easy it can be to action your plans. If each of my readers imbibe the little acts mentioned in my book, I am sure they will learn to break free from self-destructive putting off habits, and move into freedom and accomplishment."*



The book is a non-fiction, self-help book comprising a total of 108 pages. It features a collection of guided actions to empower its reader and deals with the most common problem of procrastination faced by a large number of people. It is a comprehensive guide, addressing the evangelical layman almost as well as it deals with the New Age. It is a must have on the desk of every achiever. Supplemented with clear strategies for change, this book is perfect for entrepreneurs, parents, students, and anyone who wishes to get unstuck, stop delaying, and start living their most inspired life. 5% of the proceeds of the book will go to a Charity called 'Give India'.

**The book is available in stores and online on:**

[www.rachanaajain.com](http://www.rachanaajain.com)

[www.authorhouse.com](http://www.authorhouse.com)

[www.barnesandnoble.com](http://www.barnesandnoble.com)

[www.amazon.com](http://www.amazon.com)

### About the author:

Rachanaa Jain is an author, Life Coach and certified Reiki Master. She is the founder of Devine Messages Limited and specialises in spiritual healing, Realm Reading, Tarot Card Reading, Angel Card Reading, Numerology, Vaastu Shastra, Fengshui and NLP. She founded her company Devine Messages Limited after she had an intuitive feeling of helping others through her understanding and wisdom of reading people naturally, understanding auras and energies and guiding persons to achieve their goals. Recently, she has qualified as a Pranic Healer, Magnified Healer and Pranic Psychotherapist which enhances her healing knowledge.

[www.rachanaajain.com](http://www.rachanaajain.com)